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## ***Counselling Programmes***

***Information Guide for the:  
Graduate Certificate in Counselling,  
Graduate Diploma of Counselling  
&  
Master of Counselling***

## Provisional Time Table for 2012

		Semester 1			Semester 2		
		Tuesday	Wednesday	Thursday	Tuesday	Wednesday	Thursday
<b>Morning</b>	<b>First Year Subjects</b>		MCO509 Therapeutic Approaches to Counselling (Margaret Welch)	CO501 Ministry Formation (Keith Mitchell)		MCO611 Legal, Ethical and Cultural Dimensions of Counselling Practice (Margaret Welch)	
	<b>Second Year Subjects</b>		MCO721 Individual Counselling I - Theory and Methods (Terry Kohler)	MCO733 Supervised Counselling Externship (Neil Harris)		MCO722 Individual Counselling II - Integration and application (Terry Kohler)	MCO733 Supervised Counselling Externship (Terry Kohler)
<b>Afternoon</b>	<b>First Year Subjects</b>		MCO502 Counselling through the human lifespan (Margaret Welch)			MCO607 Introduction to Couple and Family Counselling (Margaret Welch)	
	<b>Second Year Subjects</b>		MCO723 Couple Counselling I Theory and Methods (Neil Harris)	MCO733 Supervised Counselling Externship (Terry Kohler)		MCO724 Couple Counselling II - Integration and application (Neil Harris)	MCO733 Supervised Counselling Externship (Terry Kohler)
<b>Evening</b>	<b>First Year Subjects</b>		MCO504 - Foundations of Counselling and Pastoral Care I (LifeCare)M CO501 Ministry Formation (Graham Hill)	MCO509 Theology and Counselling (Jason Antoniadis)	MCO615 Professional Reflection and Development-(Helen Miller)	MCO505 Foundations of Counselling and Pastoral Care II (LifeCare)	MCO503 Pastoral Counselling (Keith Mitchell)

Semester 1 Intensives	Semester 2 Intensives
MCO611 Legal, Ethical and Cultural Dimensions of Counselling Practice 30/3 31/3 27/4 28/4 25/5 26/5	MCO502 Counselling through the human lifespan 10/8 11/8 7/9 8/9 12/10 13/10
MCO505 Foundations of Counselling and Pastoral Care II 30/3 31/3 27/4 28/4 25/5 26/5	MCO504 Foundations of Counselling and Pastoral Care I 10/8 11/8 7/9 8/9 12/10 13/10
MCO610 Introduction to Group Processes 30/3 31/3 27/4 28/4 25/5 26/5	MCO503 Pastoral Counselling 2/7 to 6/7

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# COURSES

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## 1. AIMS OF THE COUNSELLING PROGRAMMES

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The Counselling suite of programmes has the goal of helping individuals and groups to interpret and respond to life circumstances, so as to optimise their personal and interpersonal functioning. The course will train Counsellors who are fully authentic to their Christian faith and who are able to express their vocation in a sound ethical and professional way. This relational approach allows for the integration of theological and spiritual scholarship with the theory and practice of Counselling.

During the course participants will learn how to utilise a body of specialised knowledge and skills to influence and modify the way people understand, interpret and relate to life's circumstances.

Students come from a variety of career backgrounds, including social work, occupational therapy, nursing, pastoral care, medicine, chaplaincy and private counselling practice

Dr Terry Kohler, the director of counselling programmes, heads the postgraduate counsellor training assisted by Mr Neil Harris, the Co Director of Counselling Programmes. Visiting lecturers and trainers form an integral part of the course, bringing their own unique special knowledge and skills.

Morling College's venture into counsellor training was the culmination of a growing awareness of the demand from different organisations and churches for Christian people to be professionally trained in the sensitive area of counselling with the capacity to integrate their faith into vocational counselling practice.

Graduates pursue a variety of career pathways, including working as counsellors in a church ministry team, using their training as part of their ongoing professional development in the caring professions, working in school chaplaincy areas, in community settings, and also in counselling agencies.

## 2. MASTER OF COUNSELLING

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### 2.1. General Information:

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The Master of Counselling degree, accredited by the NSW Department of Higher Education and nationally recognised, provides professional training in counselling with a focus on the integration of faith and vocation.

The program provides an environment in which candidates can learn the theory and master the practice of counselling. Training focuses on an integrative approach to counselling with the application of evidence based practice.

### 2.2. Aims:

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- The Masters of Counselling will train and equip candidates to practice as professional Counsellors, who can integrate the principles of practice with a personal Christian faith.
- The course draws on evidence based practice with a strong focus on the integration of theory and method with practical micro skills. The learning "as an apprentice" model is used to foster the development of a professional identity culminating in a supervised externship as the pinnacle of the training programme. The course will provide a safe learning atmosphere and you will be challenged to grow and develop your awareness of how you relate and interact with others.
- Candidates will be challenged to integrate their faith and Christian worldview with relationship theory and practice.

- Skills are developed through the use of case study, discussion, supervised skills training and experimental work.
- The course will require candidates to undergo an externship training programme where ongoing support and supervision of candidates' clinical work is provided.
- Candidates will utilise and develop an attitude of critical thinking and students are encouraged to develop a clearly defined integrative model of professional counselling practice.
- Candidates will be encouraged to develop self-awareness through the process of reflection, exploration and applied experiential based training.
- The training process will provide a supportive learning environment which encourages excellence in academic and professional development.
- The programme will prepare candidates for registration the Psychotherapy and Counselling Federation of Australia (PACFA).
- The Master of Counselling program adheres to PACFA guidelines and recommendations so that once candidates have completed the programme which includes the additional supervised counselling experience stipulated by PACFA they will be in a position to apply for registration with the professional counselling regulation organisations.

### 2.3. Objectives:

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When successfully completing the training programme you will have:

- Experience of working both short and medium term with clients.
- Developed professional practitioner skills and competences including an applied understanding of, clinical, ethical, cultural, mental health and developmental issues relevant to counselling practice.
- A thorough theoretical understanding of the concepts of a relational model of counselling with a capacity to compare and evaluate other models of counselling practice.
- Demonstrated ability to link theoretical knowledge to practice and apply your learning in novel and creative ways to counselling dilemmas.
- Have developed sufficient confidence and maturity to establish and maintain a one to one therapeutic relationship with a range of clients.
- Shown an increased level of self-awareness and the ability to think critically about assumptions, beliefs and value systems and integrate your counselling practice with your own Christian spirituality and worldview.
- A sound knowledge and understanding of ethical boundaries and the PACFA codes of Ethics and Practice.
- A thorough grasp of both theoretical and practical issues surrounding equality of opportunity especially in the areas of religion, race, class, gender, sexuality and sexual orientation and disability.
- A good understanding and experience of counselling supervision through working as a counsellor in a counselling externship.
- An awareness of the limits of your own professional competence and how to assess when counselling is appropriate for any particular person or group.
- Been encouraged to develop yourself through a culture of lifelong learning, with the ability to evaluate your personal growth and professional practice and appreciate the value of ongoing professional development.

### 2.4. Entry Requirements

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Entry to the Masters of Counselling is based on evidence of a capacity to undertake higher degree studies including:

- A Bachelor Degree, a Bachelor Honours Degree or a Graduate Diploma Degree,
- Applicants must attend an interview in which they demonstrate 'capacity' for counselling including self-awareness, a relational capacity, ability to work in a team, capacity for ethical behaviour and ability to reflect on experience, learn from it and be open to feedback.
- Under the special rules applicants over 21 years of age who have not completed an undergraduate degree may be considered for admission if they successfully complete the Graduate Diploma of Counselling having been admitted under the special admission rules. Admission to the Master of Counselling program is not automatically assumed on completion of the Graduate Diploma of

Counselling. In addition applicants must attend an interview in which they demonstrate 'capacity' for counselling including self-awareness, a relational capacity, ability to work in a team, capacity for ethical behaviour and ability to reflect on experience, learn from it and be open to feedback.

## 2.5. Course Progression

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To complete the Master of Counselling, a total of 64 credit points are required. 32 Credit points from the required core subjects, 8 credit points of electives, 8 credit points from specialty subjects and 16 credit points from the required supervised externship placement.

## 2.6. Unit Listings

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### Core Units

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- MCO502 Counselling through the human lifespan (4 Credit Points)
- MCO504 Foundations of Counselling and Pastoral Care I (4 Credit Points)
- MCO505 Foundations of Counselling and Pastoral Care II (4 Credit Points)
- MCO506 Therapeutic Approaches to Counselling (4 Credit Points)
- MCO611 Legal, Ethical and Cultural Dimensions of Counselling Practice (4 Credit Points)
- MCO615 Professional Reflection and Development (4 Credit Points)
- MCO721 Individual Counselling I (Theory and methods) (4 Credit Points)
- MCO722 Individual Counselling II (Integration and application) (4 Credit Points)

### Electives

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- MCO501 Ministry Formation (4 Credit Points)
- MCO503 Pastoral Counselling (4 Credit Points)
- MCO607 Introduction to Couple and Family Counselling (4 Credit Points)
- MCO509 Theology and Counselling (4 Credit Points)
- MCO610 Introduction to Group Processes (4 Credit Points)
- MCO512 Christian approaches to Counselling (4 Credit Points)
- MCO614 Introduction to Counselling Research (4 Credit Points)

### Specialty Subjects

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- MCO723 Couple Counselling I (Theory and methods) (4 Credit Points)
- MCO724 Couple Counselling II (Integration and application) (4 Credit Points)
- MCO725 Family Counselling I (Theory and methods) (4 Credit Points)
- MCO726 Family Counselling II (Integration and application) (4 Credit Points)
- MCO727 Group Counselling I (Theory and methods) (4 Credit Points)
- MCO728 Group Counselling II (Integration and application) (4 Credit Points)

### Placement

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- MCO733 Supervised Counselling Externship (16 Credit Points)

## 3. GRADUATE DIPLOMA OF COUNSELLING:

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### 3.1. General Information:

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The Graduate Diploma of Counselling degree, accredited by the NSW Department of Higher Education and nationally recognised, provides foundational training in counselling with a focus on the integration of faith and vocation.

The program provides an environment in which candidates can learn the theory and master the foundational skills for counselling practice. Training focuses on an integrative approach to counselling with the application of evidence based practice.

### 3.2. Aims:

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- Successful completion of the Graduate Diploma in Counselling provides an exit point for those wanting to utilise counselling skills within their existing vocations or ministry, it also provides the foundation for candidates for further professional counselling development or training under supervision of a suitably qualified professional.
- The course draws on evidence based practice with a strong focus on the integration of theory and method with practical micro skills. The course aims to provide a safe learning atmosphere where you will be challenged to grow and develop your awareness of how you relate and interact with others.
- Candidates will be challenged to integrate their faith and Christian worldview with relationship theory and practice.
- Skills will be developed through the use of lectures, case study, discussion, supervised skills training and experiential work.
- Candidates will utilise and develop an attitude of critical thinking and students are encouraged to develop a clearly defined integrative model of counselling practice.
- Candidates will be encouraged to develop self-awareness through the process of reflection, exploration and applied experiential based training.
- The training process will provide a supportive learning environment, which encourages excellence in academic and professional development.

### 3.3. Objectives:

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When successfully completing the training programme candidates will have:

- A thorough theoretical understanding of the concepts of a relational model of counselling with, as appropriate, a capacity to compare and evaluate other models of counselling practices.
- Demonstrated ability to link theoretical knowledge to practice and apply learning in novel and creative ways to counselling dilemmas.
- Shown an increased level of self-awareness and the ability to think critically about assumptions, beliefs and value systems integrated with the candidate's own Christian spirituality and worldview.
- A sound knowledge and understanding of ethical boundaries and the PACFA codes of Ethics and Practice.
- A thorough grasp of both theoretical and practical issues surrounding equality of opportunity especially in the areas of race, class, gender, sexuality and sexual orientation and disability.
- An awareness of the limits of the candidate's own professional competence and how to assess the appropriateness of counselling.

### 3.4. Entry Requirements

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Entry to the Graduate Diploma of Counselling is based on evidence of a capacity to undertake higher degree studies including:

- A Bachelor Degree, a Bachelor Honours Degree or a Graduate Diploma Degree,
- Applicants must attend an interview in which they demonstrate 'capacity' for counselling including self-awareness, a relational capacity, ability to work in a team, capacity for ethical behaviour and ability to reflect on experience, learn from it and be open to feedback.
- Under the special rules applicants over 21 years of age who have not completed an undergraduate degree may be considered for admission if they successfully complete the Graduate Certificate in Counselling having been admitted under the special admission rules. Admission to the Graduate Diploma of Counselling program is not automatically assumed on completion of the Graduate Certificate of Counselling. In addition applicants may be required to attend further interviews in which they demonstrate 'capacity' for counselling including self-awareness, a relational capacity, ability to work in a team, capacity for ethical behaviour and ability to reflect on experience, learn from it and be open to feedback.

### 3.5. Course Progression

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To complete the Graduate Diploma of Counselling, a total of 32 credit points are required. 24 Credit points from the required core subjects, 8 credit points of electives

### 3.6. Unit Listings

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#### Core Units

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- MCO502 Counselling through the human lifespan (4 Credit Points)
- MCO504 Foundations of Counselling and Pastoral Care I (4 Credit Points)
- MCO505 Foundations of Counselling and Pastoral Care II (4 Credit Points)
- MCO506 Therapeutic Approaches to Counselling (4 Credit Points)
- MCO611 Legal, Ethical and Cultural Dimensions of Counselling Practice (4 Credit Points)
- MCO615 Professional Reflection and Development (4 Credit Points)

#### Electives

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- MCO501 Ministry Formation (4 Credit Points)
- MCO503 Pastoral Counselling (4 Credit Points)
- MCO607 Introduction to Couple and Family Counselling (4 Credit Points)
- MCO509 Theology and Counselling (4 Credit Points)
- MCO610 Introduction to Group Processes (4 Credit Points)
- MCO512 Christian approaches to Counselling (4 Credit Points)
- MCO614 Introduction to Counselling Research (4 Credit Points)

## 4. GRADUATE CERTIFICATE OF COUNSELLING:

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### 4.1. General Information:

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The Graduate Certificate of Counselling degree, accredited in NSW and nationally recognised, provides basic training in the core foundational skills of counselling with a focus on the integration of faith and vocation (integrating your counselling practice with a Biblically sound Christian world view). The Graduate Certificate of Counselling will provide candidates with a working knowledge of the basic theory and practice of counselling. The course will allow candidates to utilise and integrate counselling skills into their existing vocational roles.

### 4.2. Aims:

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- The course draws on evidence based practice with a strong focus on the integration of theory and method with practical micro skills.
- The course will provide a safe learning atmosphere but you will be challenged to grow and develop your awareness of how you relate to others.
- Candidates will be challenged to integrate their faith and Christian worldview with relationship theory and practice integrated with a Christian biblical worldview.
- Skills are developed through the use of lectures, case study, discussion, micro skills training and experiential work
- Students develop an attitude of critical thinking and a clearly defined integrative understanding of relationships.
- Candidates will be encouraged to develop self-awareness through the process of reflection and exploration.
- The course aims to provide a supportive learning environment, which encourages excellence in academic and professional development.

### 4.3. Objectives:

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When successfully completing the training programme candidates will have:

- A basic theoretical understanding of the concepts of a relational model of counselling.
- Demonstrated ability to link theoretical knowledge to practice.
- Shown an increased level of self-awareness and the ability to think critically about assumptions, beliefs and value systems and integrate these within your own Christian spirituality and worldview.
- An awareness of the limits of competence.
- Self-development imbedded in a culture of lifelong learning, with the ability to evaluate your personal growth.

#### 4.4. Entry Requirements

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Entry to the Graduate Certificate of Counselling is based on evidence of a capacity to undertake higher degree studies including:

- A Bachelor Degree, a Bachelor Honours Degree or a Graduate Diploma Degree,
- Under the special rules Applicants over 21 years of age who have not completed an undergraduate degree may be considered for admission if they provide evidence of educational and/or professional background deemed by the Academic Board to be equivalent to an undergraduate degree. Such evidence would include non-tertiary study (i.e. VET, professional studies that are non-accredited), documented life-experiences equivalent to an undergraduate degree, and/or work experience that would suggest the capacity for postgraduate study.

#### 4.5. Course Progression

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To complete the Graduate Certificate of Counselling, a total of 16 credit points are required. 8 Credit points from the required core subjects, 8 credit points of electives

#### 4.6. Unit Listings

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##### Core Units

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MCO504 Foundations of Counselling and Pastoral Care I  
MCO505 Foundations of Counselling and Pastoral Care II

##### Electives

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MCO501 Ministry Formation  
MCO503 Pastoral Counselling  
MCO509 Theology and Counselling  
MCO512 Christian approaches to Counselling  
MCO502 Counselling through the human lifespan  
MCO506 Therapeutic Approaches to Counselling

### 5. Mode of Study

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All courses are delivered through face-to-face teaching as a fulltime or part time option at the Morling College Campus, Macquarie Park.

### 6. Accreditation Status

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All the courses are accredited with the NSW Department of Higher Education.

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# SUBJECTS

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## 7. Subject Descriptions

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### MC0501 Ministry Formation

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Pre-requisites: Nil

*(4 Credit points, 3 hours per week for 1 semester)*

Formative factors in development, personhood and role, developmental, contextual and relational growth. An introduction to issues faced by candidates in the process of preparing for Christian ministry. This subject provides a relational basis for other subjects in pastoral ministry and counselling.

### MC0502 Counselling Through the Human Life Span

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Pre-requisites: Nil

*(4 credit points, 3 hours per week for 1 semester)*

Overview of the counselling issues related to lifespan development from birth to death. This course examines the main physical, cognitive, social and emotional development tasks and milestones in human development. Students explore counselling interventions that help people with life cycle transitions and interruptions to normal development.

### MC0503 Pastoral Counselling

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Pre-requisites: Nil

*(4 credit points, 3 hours per week for 1 semester)*

Pastoral care and counselling of persons as individuals and as family members in particular situations, and the development of micro skills. Referral issues and professional, ethical and legal issues. Special need populations. Working as part of a health care team.

### MC0504 Foundations of Counselling and Pastoral Care I. (Self-awareness and Therapeutic Communication.)

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Pre-requisites: Nil

*(4 Credit points, 3 hours per week for 1 semester)*

This course is designed to foster the development of self-awareness and understanding of the role of self-awareness in counselling. It develops the foundational counselling attitudinal concepts and skills of sensitivity, attuning, attending, positive regard and respect. Students also reflect on the biblical concepts related to the nature of the counselling relationship, including the definitions and scope of Pastoral Care and Clinical Counselling.

### MC0505 Foundations of Counselling and Pastoral Care II. (Stage models, Theory and Practice.)

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Pre-requisites: MC0504.

*(4 Credit points, 3 hours per week for 1 semester)*

In this students develop a perspective on the nature and course of the counselling encounter. They develop an appreciation of the stages and dimensions of counselling and develop the foundational skills of assessment in counselling. The field of social science and its relationship to counselling is explored from a Christian perspective. Students further reflect on the biblical concepts related to Counselling including the definitions and scope of "Christian counselling" and "Clinical Counselling".

## MC0506 Therapeutic Approaches to Counselling.

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Pre-requisites: Nil Co-requisite MC0504.

*(4 Credit points, 3 hours per week for 1 semester)*

Develop an understanding of key influential theories and therapeutic approaches to counselling. Critically analyse and reflect on the different models and approaches to counselling. Recognise and examine theological and anthropological issues emerging from the practice of counselling. Evaluate counselling models in terms of their suitability for working from a Christian worldview perspective.

## MC0509 Theology and Counselling

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Pre-requisites: Nil

*(4 credit points, 3 hours per week for 1 semester)*

Theological exploration of issues related to counselling and society, including the nature of persons, and the relationship of theology and the social sciences.

## MC0512 Christian Approaches to Counselling

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Pre-requisites: Nil Co-requisites: MC0504.

*(4 credit points, 3 hours per week for 1 semester)*

Develop an understanding of key influential theories and therapeutic approaches to counselling from a Christian perspective. Recognise and examine theological and anthropological issues emerging from the practice of counselling. Evaluate counselling models in terms of their suitability for working from a Christian worldview perspective

## MC0607 Introduction to Couple and Family Counselling

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Pre-requisites: MC0504, Co-requisite MC0505 and MC0506

*(4 credit points, 3 hours per week for 1 semester)*

Family of origin and impact on relational counselling, introduction to couples and family therapy. Developing frameworks for understanding family therapy. Intensive seven-week block of micro skills training on counselling. Cross-cultural issues in family and relationship

## MC0610 Introduction to Group Processes

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Co-requisites: MC0504.

*(4 credit points, process group experience 2 hours per week, and residential)*

Group theory, and group experiences and processes including therapeutic factors in a group setting and its relationship to counselling.

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## MCO611 Ethical Legal and Cultural Dimensions of Counselling Practice.

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Pre-requisites: Nil

*(4 Credit points, 3 hours per week for 1 semester 1)*

Develop an understanding of some key concepts in moral philosophy and ethics theory. Become familiar with the ethical codes of counselling practice. This course evaluates ethical principles within cultural and socio-political contexts relevant to varied counselling settings.

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## MCO614 Introduction to Counselling Research

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Pre-requisites: MCO502, MCO504.

*(4 credit points, 3 hours per week for 1 semester)*

Evaluate research reports critically with special attention to implications for counselling practice. Identify the worldview beliefs and paradigms that are implicit in various approaches to the practice of counselling research. Develop an understanding of approaches to research and research designs and methods.

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## MCO615 Professional Reflection and Development

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Pre-requisites: MCO504, Co-requisite MCO505, MCO506

*(4 Credit points, 3 hours per week for 1 semester)*

This subject looks at integration of theological concepts and spirituality with the practice of professional counseling in an ethical manner. Students will critically reflect on issues and topics related to the relational dimensions of the Christian counselor including power, influence, gender and religious and cultural diversity. The student will reflect on the predominant modes of integration between theology and counselling and develop a construction of a comprehensive integrated approach to Christian Counselling.

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## MCO721 Individual Approaches to Counselling – Applied Theory and Methods.

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Pre-requisites: MCO502, MCO504, MCO505, MCO506, MCO611, MCO615

*(4 credit points, 3 hours per week for 1 semester)*

Demonstrate and develop the ability to assess the indications and contraindications for individual psychotherapy. Develop professional competency in formulating and applying significant individual therapeutic theory and methods to unique treatment groups. Critically integrate the theory and practice of incorporating spirituality in counselling and psychotherapy.

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## MCO722 Individual Approaches to Counselling – Professional Integration.

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Pre-requisites: MCO502, MCO504, MCO505, MCO506, MCO611, MCO615 and MCO721.

*(4 credit points, 3 hours per week for 1 semester)*

Develop an approach to counselling that fosters personal integration theoretical coherence, and demonstrable efficacy. Establish a creative and responsive style to work with novel and unexpected events in the counselling process within a professional and ethical framework. To recognise and engage in a culture of lifelong therapeutic learning and professional development.

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### **MCO723 Couple Counselling – Applied Theory and Methods.**

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Pre-requisites: MCO502, MCO504, MCO505, MCO506, MCO607, MCO611, MCO615. Co-requisites MCO721.

*(4 credit points, 3 hours per week for 1 semester)*

Develop a competent working knowledge of adult attachment and systems theory as applied to couple therapy. Build an understanding of the impact of gender, culture and worldview on the practice of couple therapy. Build the therapeutic skills required work with both intrapsychic and interpersonal process.

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### **MCO724 Couple Counselling - Professional Integration.**

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Pre-requisites: MCO502, MCO504, MCO505, MCO506, MCO607, MCO611, MCO615, MCO721, MCO723. Co-Requisites MCO722

*(4 credit points, 3 hours per week for 1 semester)*

Develop an approach to couple counselling that fosters personal integration theoretical coherence, and demonstrable efficacy. Establish a creative and responsive style to work with novel and unexpected events in couple counselling, within a professional and ethical framework. Develop an understanding of the multi professional community and context in which counsellor's practice and develop multidisciplinary collaborative skills.

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### **MCO725 Family Counselling – Applied Theory and Methods.**

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Pre-requisites: MCO502, MCO504, MCO505, MCO506, MCO607, MCO611, MCO615. Co-requisites MCO721.

*(4 credit points, 3 hours per week for 1 semester)*

Develop a working understanding of key paradigms in family therapy. Build the therapeutic skills required to work within a systemic frame within family therapy. Enhance existing competencies as applied to the assessment of family and individual functioning. Critically integrate the theory and practice of incorporating spirituality in family counselling and psychotherapy.

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### **MCO726 Family Counselling – Professional Integration.**

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Pre-requisites: MCO502, MCO504, MCO505, MCO506, MCO607, MCO611, MCO615, MCO721, MCO725. Co-requisites MCO722

*(4 credit points, 3 hours per week for 1 semester)*

Develop the ability to apply theory and methods of Family Therapy to the various stages of family counselling. Build a responsive style to work with novel and unexpected events in the family counselling process within a professional and ethical framework. Critically evaluate family therapy approaches in terms of evidence-based knowledge and develop an integrative framework to inform family counselling practice

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### **MCO727 Group Counselling – Applied Theory and Methods**

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Pre-requisites: MCO502, MCO504, MCO505, MCO506, MCO610, MCO611, MCO615, Co-requisites: MCO721,

*(4 credit points, 3 hours per week for 1 semester)*

Build an applied understanding of key paradigms in group therapy. Develop the skills of facilitation as applied to group therapy. Be able to critically evaluate contemporary group therapy theory and practice and Identify indications for an individual's suitability for group therapy. Gain an understanding of diversity and ethics and how they impact on group therapy. Critically integrate the theory and practice of incorporating spirituality in group therapy.

## MCO728 Group Counselling – Professional Integration

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Pre-requisites: MCO502, MCO504, MCO505, MCO506, MCO611, MCO615, MCO612, MCO721, MCO727. Co-requisites MCO722

(4 credit points, 3 hours per week for 1 semester)

Develop the ability to apply advanced group facilitation to diverse group therapy and treatment programmes including anger management, substance dependency, domestic violence, psycho education, anxiety management, and step programs.

## MCO733 Supervised Counselling Practicum – Externship

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Pre-requisites: MCO502, MCO504, MCO505, MCO506, MCO 611, MCO612, MCO615.

(16 credit points, 6 hours per week for 2 semesters)

This subject requires the student to be able to articulate and demonstrate an appropriate level of competence in counselling assessment, problem formulation and intervention strategies. Be able to demonstrate competence in applied ethical, legal and professional matters. Be able to demonstrate case conceptualisation and application of counselling skill and knowledge to target populations and apply competent counselling skills in a professional setting.

## Recognition of Prior Learning

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Advanced Standing is given in recognition of prior work in an academic institution successfully undertaken by the student, as contributing to progression status towards an award. The term "advanced standing" will apply in any instance where a student is granted exemption from one or more course units.

Applications for advanced standing should be made prior to enrolment. (Where appropriate, applications may be considered at other times).

The amount of advanced standing permitted in a course will be limited to a maximum of 50% of the credit points allocated to that course.

The College will determine whether an application for advanced standing is successful and will specify for successful applicants the conditions that will pertain to the completion of their course(s).

An applicant will not be granted advanced standing for course units completed more than 10 years previously.

## Suggested Study Progression

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### Full Time

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	Semester 1	Semester 2
2012	MCO504 Foundations of Counselling and Pastoral Care I <i>and</i> MCO506 Therapeutic Approaches to Counselling <i>and</i> MCO502 Counselling through the human lifespan <i>and</i> Elective	MCO505 Foundations of Counselling and Pastoral Care II <i>and</i> MCO611 Legal, Ethical and Cultural Dimensions of Counselling Practice <i>and</i> MCO615 Professional Reflection and Development <i>and</i> Elective

### Part Time (Beginning of Academic Year)

	Semester 1	Semester 2
2012	MCO504 Foundations of Counselling and Pastoral Care I and Either, MCO502 Counselling through the human lifespan <b>Or</b> MCO611 Legal, Ethical and Cultural Dimensions of Counselling Practice	MCO505 Foundations of Counselling and Pastoral Care II and Either MCO611 Legal, Ethical and Cultural Dimensions of Counselling Practice <b>Or</b> MCO502 Counselling through the human lifespan
2013	MCO506 Therapeutic Approaches to Counselling and Elective	MCO615 Professional Reflection and Development and Elective

### Part Time (Mid Year Intake)

	Semester 1	Semester 2
2012		MCO504 Foundations of Counselling and Pastoral Care I (Intensive) <i>and</i> Elective
2013	MCO505 Foundations of Counselling and Pastoral Care II (Intensive) <i>and</i> MCO506 Therapeutic Approaches to Counselling	MCO502 Counselling through the human lifespan (Intensive) <i>and</i> Elective
2014	MCO615 Professional Reflection and Development <i>and</i> MCO611 Legal, Ethical and Cultural Dimensions of Counselling Practice(Intensive)	

# FEES

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## 8. Tuition Fees for 2012

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<b>Tuition fees for each subject are as follows:</b>	<b>Domestic</b>	<b>International</b>
MCO502 Counselling through the human lifespan	\$1380	\$2000
MCO504 Foundations of Counselling and Pastoral Care I	\$1380	\$2000
MCO505 Foundations of Counselling and Pastoral Care II	\$1380	\$2000
MCO506 Therapeutic Approaches to Counselling	\$1380	\$2000
MCO611 Legal, Ethical and Cultural Dimensions of Counselling Practice	\$1380	\$2000
MCO615 Professional Reflection and Development	\$1380	\$2000
MCO501 Ministry Formation	\$1380	\$2000
MCO503 Pastoral Counselling	\$1380	\$2000
MCO607 Introduction to Couple and Family Counselling	\$1380	\$2000
MCO509 Theology and Counselling	\$1380	\$2000
MCO610 Introduction to Group Processes	\$1380	\$2000
MCO512 Christian approaches to Counselling	\$1380	\$2000
MCO614 Introduction to Counselling Research	\$1380	\$2000
MCO721 Individual Counselling I (Theory and methods)	\$1380	\$2000
MCO722 Individual Counselling II (Integration and application)	\$1380	\$2000
MCO723 Couple Counselling I (Theory and methods)	\$1380	\$2000
MCO724 Couple Counselling II (Integration and application)	\$1380	\$2000
MCO725 Family Counselling I (Theory and methods)	\$1380	\$2000
MCO726 Family Counselling II (Integration and application)	\$1380	\$2000
MCO727 Group Counselling I (Theory and methods)	\$1380	\$2000
MCO728 Group Counselling II (Integration and application)	\$1380	\$2000
MCO733 Supervised Counselling Externship	\$5520	\$8000

NB. Students are expected to pay for their own ongoing supervision with their supervisors.

## 9. \*FEE-HELP/ Austudy:

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**FEE-HELP** – Is a Higher Education Loan Programme which comprises a loan facility. Morling College students who are eligible, usually, an Australian citizen or those who hold a permanent humanitarian visa may apply for fee help. For more information about fee-help go to [www.goingtouni.gov.au](http://www.goingtouni.gov.au).

Austudy is available for full time Masters Students

## 10. Payment Options

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### 10.1. Up Front Payment Plan

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Students are encouraged to pay the complete tuition fees due by the end of the first week of each semester to minimise their costs.

### 10.2. Instalment Plan

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Alternatively students are permitted to pay through an Instalment Plan where payment can be received in four instalments. A fee of 2.5% of the outstanding sum is levied after each instalment date. It is therefore advisable to make the earlier payments as high as possible in order to reduce this fee. Furthermore, any amount outstanding after the Third Instalment incurs a penalty fee of \$30 per week until the end of semester.

<b>Instalments</b>	<b>Semester 1</b>	<b>Semester 2</b>
<i>First Instalment</i>	2 March 2012	3 August 2012
<i>Second Instalment</i>	30 March 2012	31 August 2012
<i>Third Instalment</i>	27 April 2012	28 September 2012
<i>Fourth Instalment</i>	25 May 2012	26 October 2012

Subject results will not be available from the College for students in arrears in fees or rent/board, and such students will not be permitted to proceed into a new semester or to graduate, unless a special arrangement has been made *in writing* with the College Council. Such arrangements must give details of how outstanding fees will be paid.

## **11. ADMISSION RULES TO THE PROGRAMS**

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Before you are able to enrol in any Counselling programme you must apply to Morling College to be admitted and fulfil all selection criteria. It is preferred that applications be received no later than January 31<sup>st</sup> each year for the following year. However, applications received after this date will be processed where practically possible. For further information contact the Counselling Faculty, on telephone (02) 9878 0201, fax (02) 9878 2175 or email [admin@morling.edu.au](mailto:admin@morling.edu.au)

Correspondence may be addressed to:

**Counselling Department  
Morling Theological College  
120 Herring Road  
MACQUARIE PARK NSW 2113**

Candidates should obtain a copy of the Morling College Prospectus for general information about the College, as well as a copy of the *Supplement to the Prospectus* that contains the timetables for Semesters 1 and 2, the College calendar and other important information. The timetable is normally available by early November.

## **12. VARIATION OF ENROLMENT (dropping, swapping or adding units after enrolling)**

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To change or drop a unit, notify Morling College in writing immediately (email is acceptable) – please note that notification by telephone is not sufficient, but you may request by phone that we send you an *Enrolment Variation Form* by post or e-mail.

Under the *Variation of Enrolment Policy*, variations before ‘Administration Date’ incur neither financial nor academic penalty and receive a full refund. After Administration Date’ any Enrolment Variation involving addition or substitution of a unit incurs a Variation Fee per addition/substitution of \$110 per unit, and for withdrawals, \$340 per unit. Fees paid for withdrawn units are refunded in full between Week 2 and the Census Date, and the Variation Fee of \$340 per unit dropped is charged in such cases.

After Census Date no refund or FEE-HELP cancellation is possible, but no charges are incurred. You may withdraw from units without a Variation Fee or any academic penalty up to the Withdrawal Date *but without any refund*. After Withdrawal Date, ‘Fail’ will be recorded on the transcripts of students who withdraw.

## **SUMMARY of Variation Procedures (these regulations apply per unit dropped)**

### **Semester-length units (including Postgraduate Research Units) in S1 2012 (not intensives):**

- > Withdrawal from a unit up to 2 March ("Administration Date") receives a full refund and incurs no Withdrawal Fee or academic penalty.
- > Withdrawal from a unit between 2 March and 31 March ("Census Date") receives a full refund and incurs a fee of \$340, with no academic penalty.
- > Withdrawal from a unit between 31 March and 11 May ("penalised withdrawal date") incurs no fee, receives no refund, and suffers no academic penalty.
- > Withdrawal from a unit after 11 May ("penalised withdrawal date") receives no refund, incurs no fee, and receives a grade of "FW" (*this is an academic penalty*)

### **Semester-length units (including Postgraduate Research Units) in S2 2012 (not intensives):**

- > Withdrawal from a unit up to 3 August ("Administration Date") receives a full refund and incurs no Withdrawal Fee or academic penalty.
- > Withdrawal from a unit between 3 August and 31 August ("Census Date") receives a full refund and incurs a fee of \$340, with no academic penalty.
- > Withdrawal from a unit between 31 August and 21 September ("penalised withdrawal date") incurs no fee, receives no refund, and suffers no academic penalty.
- > Withdrawal from a unit after 21 September ("penalised withdrawal date") receives no refund, incurs no fee, and receives a grade of "FW" (*this is an academic penalty*)

**INTENSIVES:** have dates specific to themselves for Administration Date, Census Date and Withdrawal Date, but the above principles apply identically to Intensive units. See below for the details for the two semesters of 2012.

### **Counseling Intensives Semester 1 2012 – start date: 30 March**

- > Withdrawal from a unit up to 2 April ("Administration Date") receives a full refund and incurs no Withdrawal Fee or academic penalty.
- > Withdrawal from a unit between 2 April and 26 April ("Census Date") receives a full refund but costs \$340, with no academic penalty.
- > Withdrawal from a unit between 26 April and 28 May ("penalised withdrawal date") incurs no fee, receives no refund, and suffers no academic penalty.
- > Withdrawal from a unit after 28 May ("penalised withdrawal date") receives no refund, incurs no fee, and receives a grade of "FW" (*this is an academic penalty*)

### **Counseling Intensives Semester 2 2012 – start date: 10 August**

- > Withdrawal from a unit up to 13 August ("Administration Date") receives a full refund and incurs no Withdrawal Fee or academic penalty.
- > Withdrawal from a unit between 13 August and 6 September ("Census Date") receives a full refund but costs \$340, with no academic penalty.
- > Withdrawal from a unit between 6 September and 15 October ("penalised withdrawal date") incurs no fee, receives no refund, and suffers no academic penalty.
- > Withdrawal from a unit after 15 October ("penalised withdrawal date") receives no refund, incurs no fee, and receives a grade of "FW" (*this is an academic penalty*)

# Application to Enrol in the Graduate Certificate/Diploma/ Masters of Counselling

Your application will not be processed until all sections of this form are received by the Counselling Coordinator at Morling College, 120 Herring Road, MACQUARIE PARK, NSW 2113

## Section One: Personal details

Name (please print): .....

Address: .....  
..... Postcode: .....

Sex:  Male  Female

Telephone (home): .....

Email: .....

Telephone (work): .....

Mobile: .....

## Section Two: Citizenship and residency

All applicants are required to provide proof of citizenship.

*Applicants should supply a certified copy of the identification page of a current passport.*

*Australian citizens who do not hold a current passport may provide a certified copy of a birth certificate instead.*

Your nationality? .....

Are you an Australian citizen?  Yes  No

***If NO, do you hold a permanent residency visa for Australia?***  Yes  No

If you are neither an Australian citizen nor a permanent resident, which type of visa are you applying for or do you currently hold?

Student Visa  Other (please specify) .....

## Section Three: Course details

- Course chosen:  Graduate Certificate in Counselling  
 Graduate Diploma of Counselling  
 Master of Counselling

(Section 4, over)

## Section Four: Educational details

Please supply certified transcripts for any **secondary\*** and **tertiary** study indicated below. Please supply a certified Confirmation of Enrolment (or similar) from your institution for courses in which you are currently enrolled.

<b>Secondary Education</b>	Did you complete Secondary Education? Yes <input type="checkbox"/> No <input type="checkbox"/> In what year? _____ In Australia? Yes <input type="checkbox"/> No <input type="checkbox"/> If yes, in which state? _____  If you did not complete your Secondary Education in what year did you leave school? _____
High School Name and Address:	
Student ID Number:	

*\*This information is required for Australian Government data-collecting purposes with DEEWR.*

Tertiary Education							
Years of attendance		Institution	State / Country	Course	Completed		
From	To				Yes	No	Current
Supplementary counselling qualifications							
Details of Biblical / Theological studies							

## Section Five: Personal statements

Please attach separate sheets with your answers.

- 1 What has led to your interest in applying to do this course?
- 2 Are there areas of counselling or pastoral care you are presently involved in or have been in the past, and what has this experience been like for you?
- 3 What do you think you would have to offer as a counsellor?
- 4 What do you think might be the most challenging aspect for you in doing a counsellor training course?
- 5 What would you hope to gain from doing the course?
- 6 How would you relate your faith to your interest in counsellor training?
- 7 Is there anything else you would like us to know about you that may help our selection process?

## Section Six: Declaration and signature

**Note that your application will not be processed until all sections are completed and the Counselling Coordinator has received all supporting documentation.**

Have you done the following?

- |                                                                                                                                                                                                                                                         |                                                                          |
|---------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|--------------------------------------------------------------------------|
| <input type="checkbox"/> Given referee the report forms                                                                                                                                                                                                 | <input type="checkbox"/> Attached proof of citizenship (all applicants)  |
| <input type="checkbox"/> Attached Current resume                                                                                                                                                                                                        | <input type="checkbox"/> Attached English competency records (if needed) |
| <input type="checkbox"/> Attached Academic records                                                                                                                                                                                                      | <input type="checkbox"/> Attached one passport-sized photo               |
| <input type="checkbox"/> Completed the signed Volunteer/Student working with children declaration. This can be found at <a href="https://check.kids.nsw.gov.au/volunteer-declaration.php">https://check.kids.nsw.gov.au/volunteer-declaration.php</a> . |                                                                          |

### Declaration of understanding:

*I declare that I have read the Morling Prospectus and the rules and regulations expressed therein. I understand the purpose of Morling College as a Christian College and have noted the expectations regarding personal conduct, and noted the expectations regarding chapel attendance for full time students. Submitting this application indicates my willingness to uphold the regulations, general standards, and the academic and spiritual integrity of the College. I further declare that the information provided by me in this application is complete and correct. I authorise Morling College to obtain/verify results from any educational institution attended by me. I understand that Morling College reserves the right to vary or reverse any Offer of Admission made on the basis of incomplete or incorrect information.*

**Applicant's signature:** ..... **Date:** .....

# MORLING COLLEGE

*The Baptist Bible and Theological College of NSW*

120 HERRING ROAD MACQUARIE PARK, NSW

2113

PHONE: (02) 9878 0201

FAX: (02) 9878 2175

E-MAIL: [admin@morling.edu.au](mailto:admin@morling.edu.au)

WEBSITE: [www.morling.nsw.edu.au](http://www.morling.nsw.edu.au)

## Referee report (Your Pastor)

**Candidates should complete Section One and forward this to their chosen referee to complete Section Two**

**Referees are requested to post this form back separately to Counselling Course Adviser, Morling College, 120 Herring Road, MACQUARIE PARK NSW, 2113**

### Section One: to be completed by the applicant

Applicant's name: .....

Address: .....

..... Postcode: .....

Contact telephone: .....

Fax: .....

Referee's name: .....

Title and position: .....

Address: .....

..... Postcode: .....

Contact telephone: .....

Fax: .....

### Section Two: to be completed by the referee

To the Referee: You have been asked to give your own opinion of the personal, professional and academic qualities of the above-named applicant. Please scale the applicant realistically on the following qualities, and report any other characteristics, both positive and negative, which reflect their present capacity to undertake advanced study and work in counselling. (Please note that a carefully prepared discriminatory report is liable to receive more weight than a uniformly positive one.)

Please indicate the basis on which you have formed these opinions of the applicant (including type of interactions and time period).

.....  
.....



# MORLING COLLEGE

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## 2<sup>nd</sup> Referee report (Your choice of referee)

**Candidates should complete Section One and forward the report to their chosen referee to complete Section Two**

**Referees are requested to post this form back separately to Counselling Course Adviser, Morling College, 120 Herring Road, MACQUARIE PARK NSW, 2113**

### Section One: to be completed by the applicant

Applicant's name: .....

Address: .....

..... Postcode: .....

Contact telephone: .....

Fax: .....

Referee's name: .....

Title and position: .....

Address: .....

..... Postcode: .....

Contact telephone: .....

Fax: .....

### Section Two: to be completed by the referee

To the Referee: You have been asked to give your own opinion of the personal, professional and academic qualities of the above-named applicant. Please scale the applicant realistically on the following qualities, and report any other characteristics, both positive and negative, which reflect their present capacity to undertake advanced study and work in counselling. (Please note that a carefully prepared discriminatory report is liable to receive more weight than a uniformly positive one.)

Please indicate the basis on which you have formed these opinions of the applicant (including type of interactions and time period).

.....  
.....

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1 **Please circle the appropriate number.** If you do not know enough about their capacity in a particular area, please circle NK. There is an opportunity to qualify any answers below.

	Excellent	Above Average	Average	Below Average	Poor	Not Known
Complexity and clarity of thought	5	4	3	2	1	NK
Ability to express complex ideas in clear, written English	5	4	3	2	1	NK
Fluency and clarity of spoken English	5	4	3	2	1	NK
Demonstrated openness to other's ideas	5	4	3	2	1	NK
Ability to take personal responsibility for good quality relationships	5	4	3	2	1	NK
Demonstrated commitment to good counselling practice	5	4	3	2	1	NK
Personal maturity	5	4	3	2	1	NK
Ability to manage high stress	5	4	3	2	1	NK
Ability to negotiate conflict	5	4	3	2	1	NK
Ability to deal positively with criticism	5	4	3	2	1	NK
Realistic self awareness	5	4	3	2	1	NK
Ability to show genuine empathy	5	4	3	2	1	NK
Powers of critical analysis	5	4	3	2	1	NK
Demonstrated initiative and self direction	5	4	3	2	1	NK
Ability to work harmoniously in a team	5	4	3	2	1	NK
Ethical professional practices	5	4	3	2	1	NK

2 Please comment on the candidate's personal suitability for counselling and for undertaking this course. (This might include an expression of answers above and other strengths and weaknesses.) Use a separate page if necessary.

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Signature:..... Date:.....

**Thank you for your time and assistance**

Please mail this report to: Counselling Course Adviser, Morling College  
 120 Herring Road  
 MACQUARIE PARK NSW 2113

Email enquiries may be directed to [counselling@morling.edu.au](mailto:counselling@morling.edu.au)

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*Information accurate at time of printing – October 2011 (for Semester 1, 2012)*

# MORLING COLLEGE

*The Baptist Bible and Theological College of NSW*

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